

## **Perkiomen Valley Aquatic Club**

### Code of Conduct

Your registration with the Perkiomen Valley Aquatic club has the implied agreement to adhere the following Code of Conduct. As a member of PVAC, athletes and families agree to:

- Obey all rules, regulations and procedures of the PVAC coaching staff, Board, as well as the Perkiomen Valley School District and Ursinus College Staff who provide us use of their facilities.
- Follow all instructions provided by coaches at practices, meets and team events.
- Exhibit sportsmanship and respect for teammates, coaches, volunteers and opponents at all times
- Address concerns and questions directly to the Coaching staff or Board in a calm and courteous manner.
- Stay informed of all team activities and events.
- Fulfill your obligation to volunteer in some capacity.

### **The following conduct is unacceptable and will not be tolerated:**

- Disrupting practices or meets in any manner. This includes failing to abide by coaches and/or lifeguard instructions, parental coaching (on deck or from the stands), disrupting teammates or coaches, loud or inappropriate outbursts, improper use of kick boards or other pool equipment, horseplay on the deck or in the pool or the locker rooms and hallways.
- Destruction, damage or blatant disrespect of the practice pool facilities or that of other teams.
- Destruction, damage or theft of other team member's property.
- Possession or use of alcoholic beverages, illegal drugs and tobacco. In particular, underage or illegal use of drugs and alcohol by our athletes is contrary to the successful training, growth and maturity of our young athletes, as such, PVAC has a zero-tolerance policy for use of these substances by athletes at any time during the PVAC season.
- Criticizing, name-calling, use of profanity, abusive or disrespectful language or gestures directed at coaches, officials, swimmers, other parents or spectators at meets, practices, team events and via social media.
- Confronting coaches or Board members with concerns or problems in front of other parents or swimmers.

Failure to abide by the PVAC Code of Conduct by either a swimmer or parent/guardian may result in immediate disciplinary action as determined by the coaching staff, PVAC Board or the PVSD Aquatic Director.

- Suspension from practice
- Suspension from an event
- Suspension from a meet
- Suspension from the swim/dive team program
- Suspension from use of the facility
- Forfeiture of all payments or credits for participating in an event or program

- Dismissal from the swim/dive team program
- Any combination of the above.

PVAC Meet Policy:

- Athletes should follow the coach-defined procedure to indicate if they will/will not be participating in a meet by Wednesday, noon, of the same week as the meet. Last minute changes should be communicated directly to the coach in charge of the writing line-ups AS SOON AS POSSIBLE.
- All athletes should be punctual in arrival to meets, arriving in time for the warm-up. Should an athlete be late, notice should be provided to the Coach ASAP.
- All swimmers shall remain with the team at all times. Coaches should not be leaving the pool deck to find swimmers.?
- Due to some issues with swimmers focusing on their electronic devices and nearly missing events, disrupting other swimmers, or inappropriate usage, all swimmers will still be permitted to use electronic devices but that privilege can be revoked individually or as a team at the coaches' discretion if issues were to arise.
- Allowing food and beverages on the deck are at the discretion of the host team. In all cases, athletes should leave no trace of the consumption of food items on the deck, hallways or locker rooms at the conclusion of the meet.

Violations may result in, but are not limited to the following:

- Being scratched from events
- Being suspended from the meet
- Not being allowed to attend meets
- Being suspended from the team
- Being removed from the team